

Irlen Friendly Apps
to help level the playing field

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Definitions

- ◆ Irlen Friendly
- ◆ Level the playing field

Irlen Struggles

- ◆ Using a screen
- ◆ Reading and Reading Comprehension
- ◆ Writing & Handwriting
- ◆ Note taking / making
- ◆ Visual processing aspects of Math
- ◆ Expendig mental energy & physical strain

When choosing an App

- ◆ Look for visual adaptability & layout
- ◆ Function on your size of screen
- ◆ Trying out (AppZapp Pro)
- ◆ Read the reviews beware some updates
- ◆ No adverts if child using
- ◆ Linking to other Apps e.g. storing in Dropbox or Pocket
- ◆ In App purchases to upgrade

Adaptations to your device

- ◆ Brightness
- ◆ Contrast - e.g reduce white point
- ◆ Invert colors
- ◆ Bold and enlarge text
- ◆ Speak highlighted text via Siri

Reading Apps

- ◆ Page2 PDF - View webpages off line, import into Claro Speak
- ◆ Pocket to collect articles, Siri can speak them - Very convenient
- ◆ Speaky - To listen to webpages
- ◆ Sharpscan - Photo to text, cheap upgrade allows reading out in another program

Reading Apps

- ◆ Audio books - Free Books gives you access to classics
- ◆ Podcast App - Usually already installed opportunity to rest eyes and listen
- ◆ Printer App - Match printer or generic like Printer Pro - If you prefer to read on paper

Reading Comprehension Apps

- ◆ Learn what answers expected - WH questions
- ◆ Set the pace that text is read out, highlight parts to re-read
- ◆ Dictionary - External like Dictionary.com or internal like Kindle (free download)
- ◆ Screen or App adaptations can help comfort

Writing Apps

- ◆ Word Docs / Write box
- ◆ Dragon Dictation
- ◆ Claro Speak - Speak sentences
- ◆ Thesaurus to improve vocabulary - Dictionary.com has synonyms
- ◆ Spelling - Dictionary.com allows you to speak the word
- ◆ Word prediction - iwordq us, not cheap but helps writing flow

Handwriting Apps

- ◆ Cursive writing starting on the line, learning in motor groups - Make your own videos using Explain Everything, trace over in Writing Pad
- ◆ Or pick and choose - iTrace, Easywriter (numbers too)
- ◆ Handwriting recognition encourages correct formation - WritePad (Can practice numbers too)
- ◆ Fine motor Dextería, Dextería Jr (not letters)

Note taking/making Apps

- ◆ AudioNotebook - Can record and type
- ◆ Dragon Dictation
- ◆ Word Docs / Write box
- ◆ Inspiration - Mind Map, can change colors
- ◆ Quick notes - Sticky very visual
- ◆ WritePad - Handwriting recognition

Math Apps

- ◆ Mod Math - Set color scheme, practice layout
- ◆ Calculator - Easy on eyes, Calc 3 (advanced)
- ◆ MathBoard, all four operations, working out writing with finger
- ◆ Flowplus (other operations) timed so encourages fluency
- ◆ Math Duel - All four operations
- ◆ Charts - Bar Diagrams, Pie Diagrams

Apps to ease Strain: Mental & Physical

- ◆ Relaxia - Can mix sound effects, time settings
- ◆ Exercise - specific body parts, Arm Workout
- ◆ Audio books - Timed to go off
- ◆ Pod Casts - Rest eyes

Always remember...

- ◆ Apps are an excellent way of leveling the playing field
- ◆ Irlen adaptations are likely to benefit the majority
- ◆ You are the ambassadors for Irlen awareness!